

The Optimist

Promise Yourself

To be **SO STRONG** that nothing can disturb your peace of mind.

To talk **health, happiness and prosperity**
to every person you meet.

To make all your friends **feel that there is something**
in them.

To look at the **sunny side of everything** and make your
optimism come true.

To **think** only of the best, to **work** only for the best and to
expect only the best.

To be just as enthusiastic about the **SUCCESS** of others as you are
about your own.

To forget the mistakes of the past and press on to the
GREATER ACHIEVEMENTS of the future.

To wear a cheerful countenance **AT ALL TIMES** and give every living
creature you meet a smile.

To give so much time to the improvement of yourself that you have
NO TIME to criticize others.

To be too large for worry, too noble for anger, too strong for
fear, and **too happy** to permit the presence of trouble.



Optimist
INTERNATIONAL